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Spring Roll Recipes: Scrumptious Spring Roll Recipes For Breakfast, Lunch, Dinner And More (The Easy Recipe)



Synopsis

Whether you're really craving a snack or you need something new to eat, there's plenty of options out there. One item that not many people consider or even think of is spring rolls. Although many people may have been exposed to spring rolls, they're usually not a go to snack to eat or make. After all, how many times have you heard a friend say "Hey, do you want to make some spring rolls for dessert?" If you have, that's great but chances are you haven't. Instead, most people's exposure to spring rolls comes from a side dish when ordering from their favorite Chinese restaurant. No matter how many Chinese restaurants you may have visited in your lifetime, the spring rolls at each of these restaurants isn't very different either. So how could there possibly be a whole book based on just spring rolls? The way we answer that question is through another question. What exactly is a spring roll? Technically, a spring roll is just a rolled up appetizer that contains some kind of filling. The size of the spring roll, the filling inside, the type of wrapper, when it's served, how it's prepared, and other characteristics of spring rolls are all left up in the air. The only requirement is a rolled up appetizer. And in this book, you'll find that we even break the appetizer rule, because with certain recipes, it flat out doesn't make sense to keep them as just an appetizer for your meal.

Book Information

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Customer Reviews

This is a terrific book. It is not the usual wheat based wrappers you see in the produce section of most American grocery stores. They use brown rice wrappers for a lot of the recipes but they also use egg "pancakes" as wrappers for others. They even have a suggestion for how to use Chinese cabbage or Napa cabbage leaves for making the rolls. I have always used Romaine lettuce for holding in the taco seasonings so I will also use these for more spring rolls. A very new take on hand held food that isn't deep fat fried. These recipes are very low calorie by using oil sprays and very little if any sugar. My kind of book that uses newer techniques and ingredients for an old favorite. I don't have to use the fruit in a recipe if it is not good for me. There are plenty of other suggestions I can and will use.

Where do I even begin to describe what's wrong with this cookbook? First of, the pictures do not match the recipes, which leads me to thinking that these recipes have not been tested. As an example, the recipes that use rice paper and the rolls are not fried are clearly summer rolls, but the picture shows fried spring rolls. The accompanying sauce only has hoisin and peanut butter, but no acid like lemon or lime juice. And then there's the editing.... I have been making different kinds of spring rolls for at least 30 years after being taught by my mother (no recipes, since nothing is measured) and was hoping to get some new ideas from this book. I would have been better off just searching for recipes on the web and reading their reviews from people who have actually tried making them.

I just got this book on my Kindle yesterday and have already tried 3 recipes. I really don't care if I eat anything else but spring rolls for the rest of my life. This book has recipes for the most picky of eaters. EXCELLENT!!!

The book title, Spring Roll Recipes: Scrumptious Spring Roll Recipes, is somewhat misleading. Not all the recipes are spring roll recipes. In fact, very few resemble a standard spring roll. Instead, you'll find a variety of breakfast, snack, lunch and dinner recipes for meals which are rolled up and can conveniently be used as portable meals. ... Katarina Nolte

I would say this is a compilation of delicious recipes, but not necessarily all spring rolls, per se. Having said that, I'll add that I have tried some of their filling recipes. Nice combinations of flavors, no matter what wrapper you use.

Beautiful pictures, easy link table of contents and an assortment of recipes to try. Just downloaded it and checked the formatting as others have complained on Kindles but on my Kindle Fire HDX it is perfect!! Look forward to trying the recipes!

I enjoyed this book for its simplicity and delicious recipes. I have made some of these for my family and friends. They were delicious. The recipes are easy to follow, quick, and the ingredients very accessible. I highly recommend these for a quick snack.

this book gives a lot on information on traditional spring rolls, but also on new way of using rice paper rolls. Then the book goes into other types of rolls such as thiin omelet, or egg rolls.

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